

Welcome to the Sunday U5 Soccer Scramble!

Here is the schedule for the Sunday sessions. All sessions will be held at the Carondelet Fields between Cretin-Derham Hall High School and Expo Elementary just south of Randolph Avenue on Albert Street.

We will begin each session with one-half hour of an introduction to soccer skills for beginning players. Then, we will play one-half hour of games. The players will be divided into teams of approximately 4 players each with half of the teams wearing scrimmage vests (everyone will get a white T-shirt at the first session). We call it the “scramble” because the teams are scrambled in a different order at each session. If two or more players want to play together, just hold hands when the teams are chosen.

We will play small-sided soccer games of 4v4 on small fields with small goals. This approach allows more players to be actively involved in the game and reduces the “swarm” effect that often occurs with larger teams. These games will be played with no goalkeeper. HGRA Coaching Staff will supervise the games. Because the staff must work with the players who participate in the activities, we require that an adult be available at all time in case a player decides not to participate.

Players are required to wear shinguards and socks that cover the entire shinguard.

Shinguards and socks will be available for purchase at the field at low cost. Each player will receive his or her own soccer ball to keep. Remember to bring this ball to each session as we will be doing many exercises requiring a ball. The balls are all alike so don't bother writing your child's name on it.

Session	DAY	DATE	4:00-5:00	4:30-5:30
1	Sunday	5/18	Argentina	Brazil
X	Sunday	May 25	No Session	No Session
2	Sunday	June 1	Argentina	Brazil
3	Sunday	June 8	Argentina	Brazil
4	Sunday	June 15	Argentina	Brazil
5	Sunday	June 22	Argentina	Brazil
6	Sunday	June 29	Argentina	Brazil
X	Sunday	July 6	Bye Week	Bye Week
7	Sunday	July 13	Argentina	Brazil
8	Sunday	July 20	Argentina	Brazil
9	Sunday	July 27	Argentina	Brazil

- HGRA soccer has a “no treats” policy at games.
- Pets are not allowed on the Carondelet Fields.
- No smoking is allowed.
- Do not bring peanuts to the field.
- Questions: Call 651-699-9898 or e-mail us through the www.hgra.org website link.

Have a great season!